



FROM SAMPLE TO DATA COLLECTION



2 OBJECTIVES

- Choosing the sample type
- Computing the necessary sample size
- Clasification of the research by the type of the intervention
- Clasification of the research by the data collection method
- Variables

3

- Do I need a sample?
- Which method should I use to choose the subjects?
- How many subjects must be in a sample?
- What procedure do I have to use?
- Which are the (main) characteristics of the subjects to be collected?

4 EXAMPLE

- **You are studying the usefulness of wood crutches vs. aluminum crutches for people with unilateral amputation.**

5 EXAMPLE

- Research question: **Which device (wood crutches or aluminum crutches) is more useful to help people with unilateral amputation to walk?**

6 EXAMPLE


- Putting in practice an experiment which will help you to decide **which device (wood crutches or aluminum crutches)** is more useful to help people with unilateral amputation to walk.

7 DO I NEED A SAMPLE



SAMPLE SELECTION

8

-
- **Objectives**
 - **Type of the study**
 - **Available time**
 - **Financial and human resources which are available**
 - **Procedure**
 - **Data access**
- 

9 MAIN TYPES OF MEDICAL RESEARCH

- Descriptive
- Risk / Protective factors
- Diagnostic signs
- The clinical trial
- Syntheses
- Systematic syntheses
- Meta-analysis
- Experimental research

SAMPLE SELECTION – OUR STUDY

10



II OUR EXAMPLE

- **You are studying the usefulness of wood crutches or aluminum crutches for people with unilateral amputation.**
- **Your coordinator works on the Recovery Hospital**
- **Target population: People with unilateral amputation**
- **Accessible population: People with unilateral amputation using the services offered by the Recovery Hospital**

12 SAMPLE TYPES

Random sample:

- **Random extraction of elements from the study population**
- **Each element has the same chance of being included in the sample**
- **RANDBETWEEN**

13 SOMETIMES...

- Convenience sample
- Snowball sample
- ...

14 EXAMPLE – CONVENIENCE SAMPLE

- Title: The usefulness of virtual patients in the study of thyroid pathology
- Target population: medical students
- Available population: Students on UMF Iuliu Hațieganu
- Sample: Students (friends of the author) who use the virtual patient

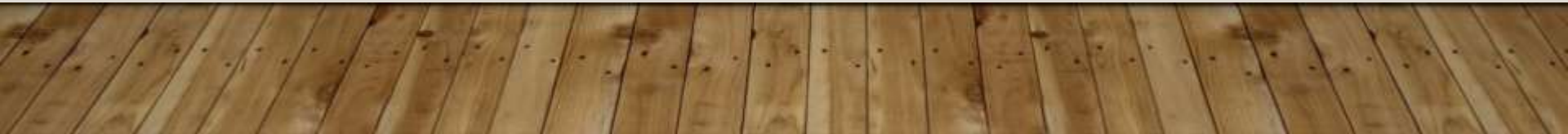
15 EXAMPLE – SNOWBALL SAMPLE

- Challenges being a member of the LGBT community and also medical student
- Target population: Medical students, members of LGBT community
- Available population: ?
- Sample: - snowball – start from few (known by the author) members of local (?) LGBT community and asking them to bring in the sample other members of LGBT community (not necessary from local community)

16 OUR EXAMPLE

- **the usefulness of wood crutches or aluminum crutches for people with unilateral amputation.**
- Consecutive patients with unilateral amputation using wood crutch or aluminum crutch who accept to join the study.

17 COMPUTING THE SAMPLE SIZE



EXAMPLE – FOR DESCRIPTIVE STUDIES

18

- It is desired to evaluate the prevalence of a disease in a certain population. It is known that in other studies this prevalence was of the order of 30%(=f). If we want a precision of the prevalence of $k=4%$, for a risk level $\alpha = 0.05$ ($Z_{\alpha} = 1.96$) the estimation must be made using a sample containing more than: $n = 505$ persons

$$n = \frac{Z_{\alpha}^2 \cdot f(1-f)}{k^2}$$

$$\frac{(1.96)^2 \times 0.3 \times 0.7}{(0.04)^2}$$

19 COMPUTING THE SAMPLE SIZE

- When we want to compare the average from the sample with the average in population
-

$$n = \left[z_{\frac{\alpha}{2}} \frac{\sigma}{E} \right]^2 ; \text{ for } \alpha = 0,05 \quad z_{\frac{\alpha}{2}} = 1,96 \quad n = \left[1,96 \frac{\sigma}{E} \right]^2$$

HOW CAN WE KNOW THE STANDARD DEVIATION?

- Other studies
- Pilot study

20 EXAMPLE

- The dean of the faculty wants to check to what extent ~~students' assessments for a teacher are~~ correct (which is the minimum sample required for the estimator to be statistically correct)
- The required 95% confidence level, the error should not exceed 0.25 points
- From the evaluation of the answers, the standard deviation was 1.5
- $N_{0,25} = (1,96)^2 * (1,5)^2 / (0,25)^2 = 138$

21 EXAMPLE

- We want to evaluate the effect of high voltage lines in the occurrence of cardiovascular diseases. From descriptive studies, the odds to develop cardiovascular diseases if living next to high voltage lines is twice as usual.

22 RESULTS...

- <https://epitools.ausvet.com.au/casecontrolss>



The screenshot displays the EPITOOLS interface for a case-control study. The title is "Sample size for a Case-control study". The analysis was performed on Wednesday, January 10, 2024, at 15:08 UTC. The results section shows the following parameters and their values:

Parameter	Value
Expected proportion in controls	0.1
Assumed odds ratio	2
Confidence level	0.95
Power	0.8
Study type	Case-control study
Sample size per group	280
Total sample size (both groups):	560

23 OUR EXAMPLE

- The usefulness of **wood crutches or aluminum crutches for people with unilateral amputation.**
- **The variable: time in seconds to walk 100 m**
- **We will consider a type of crutch more effective if the time to walk 100 m helped by that type of crutch is, on average, with 5' less that time to walk 100 m helped by the other type of crutch**
- **The common variation of the time needed to walk 100 m for people with unilateral amputation is 400'**

24

HTTPS://SELECT-STATISTICS.CO.UK/CALCULATORS/SAMPLE-SIZE-CALCULATOR-TWO-MEANS/

Calculator

What confidence level do you need?

Typical choices are 90%, 95%, or 99%

95 %



What power do you need?

A common choice is 80%

80 %



What is the hypothesised difference?

5



What is the population variance?

400



Your recommended sample size is

252



25 WHAT IF WE DON'T HAVE WHERE TO COLLECT SO MANY CASES?

- **Magic number...**

30

26 EXAMPLE

- The usefulness of **wood crutches or aluminum crutches for people with unilateral amputation.**

- **Sample: 30 consecutive patients with unilateral amputation which come to the Recovery Hospital for treatment and accept to be part of the study, having wood crutches and 30 consecutive patients with unilateral amputation which come to the Recovery Hospital for treatment and accept to be part of the study, having aluminum crutches**

27 PROCEDURE

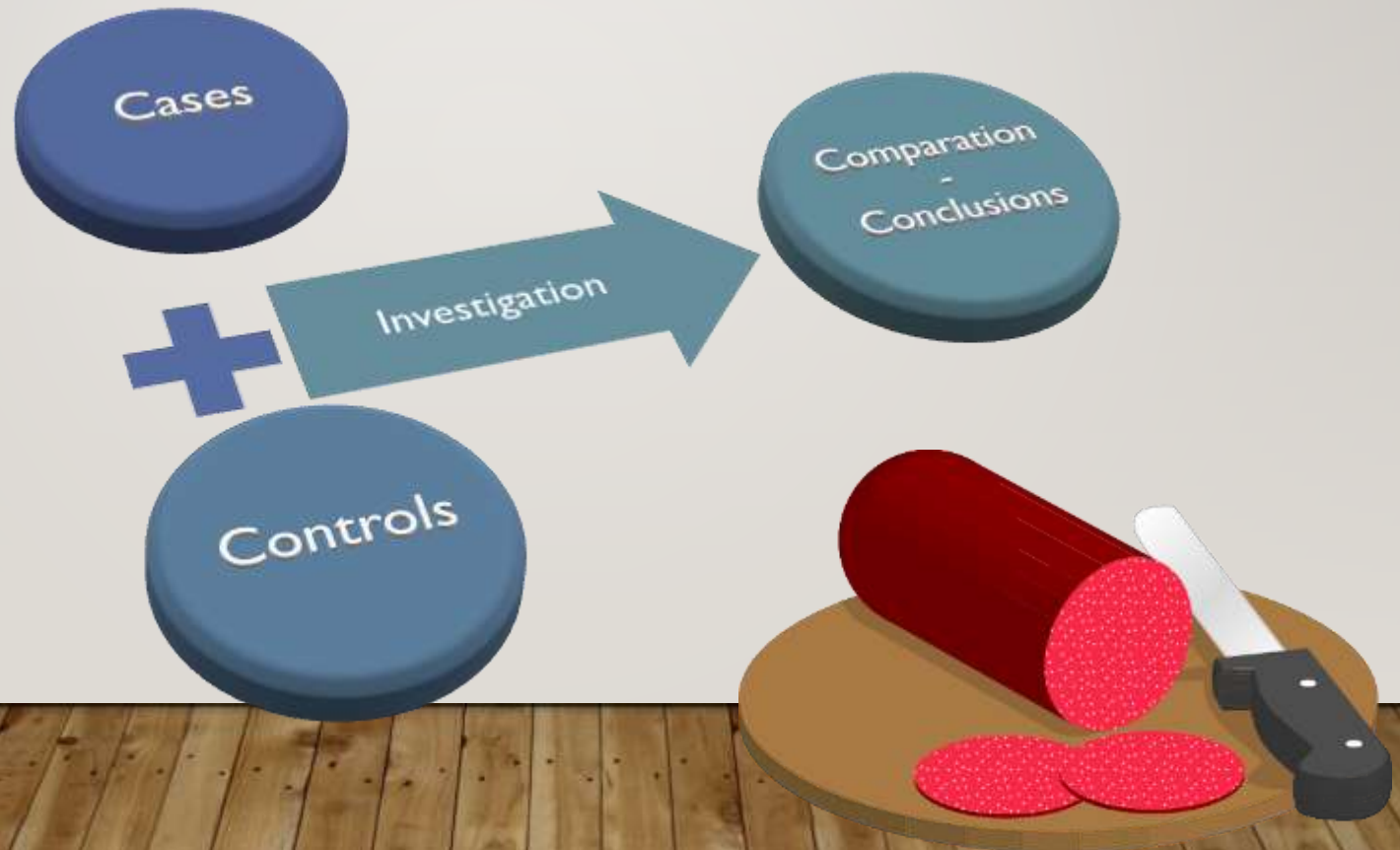


CLASSIFICATION OF STUDIES BY DATA COLLECTION



29 DURATION OF DATA COLLECTION

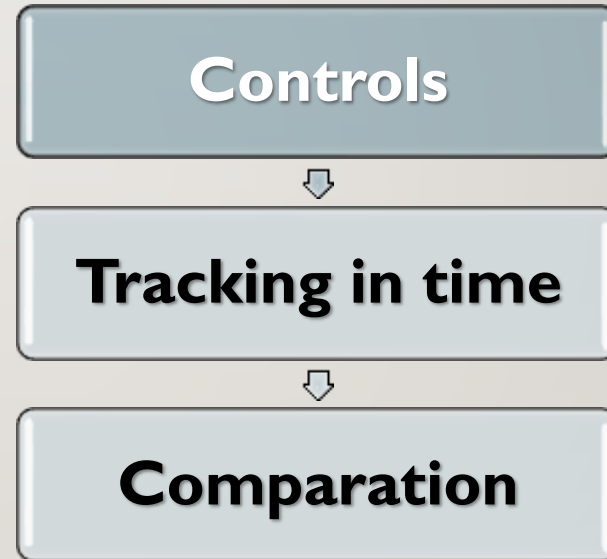
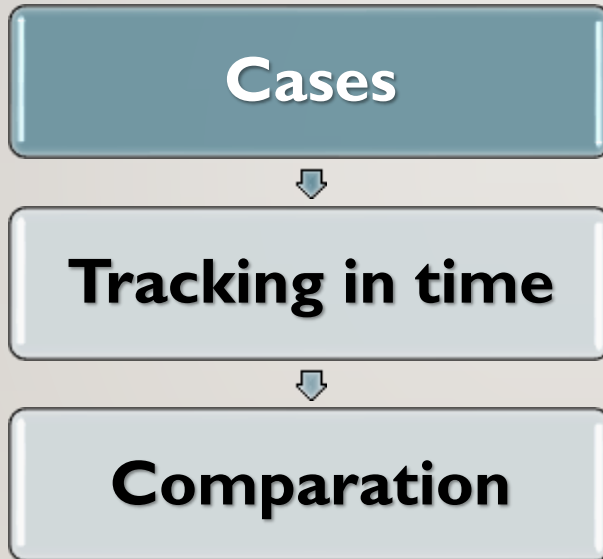
- Transversal studies



LONGITUDINAL RESEARCH



Prospective



Retrospective

31

TYPES OF DATA COLLECTION

1. Representative sample
2. Exposed non-exposed
3. Case control



32

REPRESENTATIVE SAMPLE

- **The group of subjects studied is representative of the target population**
- **To be used:**
 - **descriptive study (description of a health phenomenon)**
 - **analytical study (in which the comparison of at least two groups of subjects is mandatory).**

REPRESENTATIVE SAMPLE

- Total sample size = N

	B^+	B^-	
FR^+	a	b	ne^+
FR^-	c	d	ne^-
	nB^+	nB^-	N

34

REPRESENTATIVE SAMPLE

- **Allows most types of calculations can be performed, with no sampling restrictions:**
 - calculating the prevalence of the disease
 - calculation of exposure frequency
 - measuring the degree of association between the incriminating factor (risk or prognosis) and the disease.

35

REPRESENTATIVE SAMPLE

- **Limits:**
 - **difficulties in tracking a large number of subjects**
 - **cost issues**
 - **the risk of decreasing the subjects' interest in the study**
 - **the risk of a large number of loss of sight.**

36 NON-PROBABILISTIC VS REPRESENTATIVE

- The non-probabilistic samples the results allow the same type of calculation like the representative samples

37


EXPOSED-NONEXPOSED

- **Divide the subjects into two categories :**
 - exposed
 - nonexposed
- **The exposure factor is fixed, and the occurrence of the disease is studied over time**
- **Disease = random factor**

EXPOSED-NONEXPOSED

- The number of subjects in the two groups may be the same or different.

	B ⁺	B ⁻	
FR ⁺	a	b	ne ⁺
FR ⁻	c	d	ne ⁻
-			



39 YOU CAN COMPUTE:

- RR – Risk ratio
- RD – Risk Difference
- ...

CASE - CONTROL

- **predefining two groups of subjects:**
 - **B + = sick = case group**
 - **B- = disease free = control group**
 - **the main criterion for inclusion or exclusion in one group or another being the presence or absence of the disease**

	B ⁺	B ⁻	
FR ⁺	a	b	
FR ⁻	c	d	
	<u>nB⁺</u>	<u>nB⁻</u>	

4 |

CASE - CONTROL


- **disease = controlled factor**
- **exposure = random factor**
 - **the disease is predetermined and the presence of exposure (risk factor / prognosis) in the onset (or evolution) of the disease is generally retrospectively studied**

OR = ODDS RATIO

Disease / Exposure	D+ Sick	D- Healthy	Total
E+	a	b	a+b
E-	c	d	c+d
Total	a+c	b+d	n

- $Odds_{exp} = [a/(a+b)]/[b/(a+b)] = a/b$
- $Odds_{ne-exp} = [c/(c+d)]/[d/(c+d)] = c/d$
- $OR = (a/b)/(c/d) = ad/bc$

43 YOUR THESIS MAY BE:

- ~~Descriptive~~
 - Risk factors
 - Diagnostic signs
 - The clinical trial
 - Survival analysis
 - Syntheses
 - Systematic syntheses
 - Meta-analysis
- 

44 DESCRIPTIVE RESEARCH

- ✘ Descriptive studies should not be seen only as a complement or supplement to analytical research.
- ✘ They can also be used to generate hypotheses regarding the solutions of some problems, hypotheses that can later be tested by quantitative methods based on descriptive study results or a combination of descriptive and analytical methods.

45 RISK FACTORS

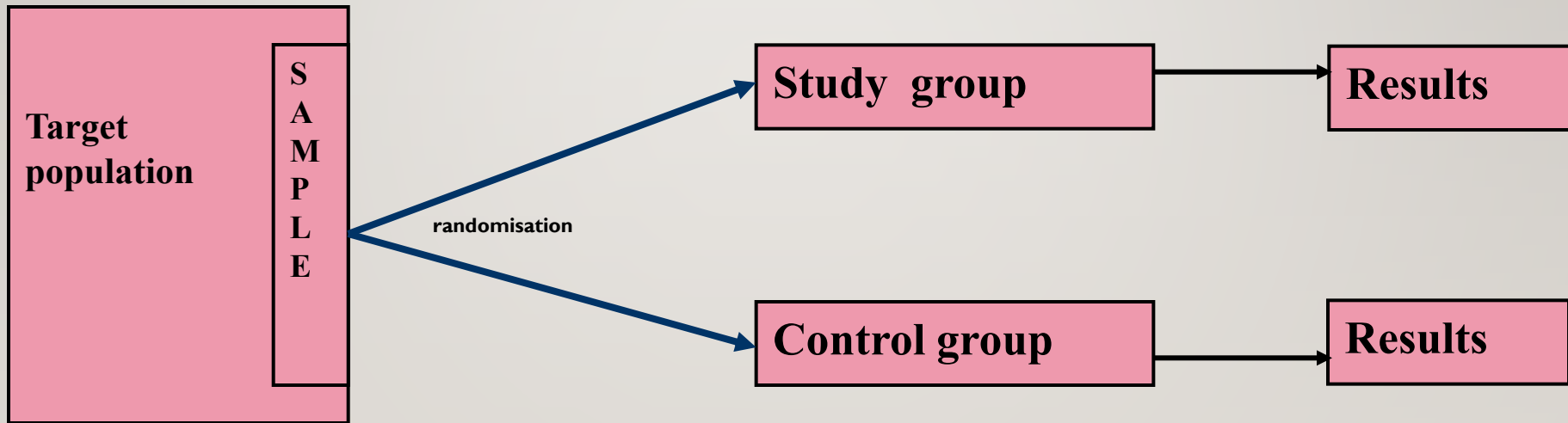
- Case - control
- Exposed – Nonexposed
- Survival

46 DIAGNOSTIC SIGNS / TESTS

- Se, Sp
- PPV, NPV

47 RANDOMIZED AND CONTROLLED CLINICAL TRIAL

- Evaluation of therapeutic interventions



48 SYNTHESSES

Characteristics	Traditional synthesis	Systematic synthesis
The strategy used to search for primary data	Usually limited to a single database - MEDLINE	Well-developed search strategy, multiple databases
Explicit description of the search strategy	Not included	Included
Extraction of data from the primary source	Subjective and random choice	Systematic evaluation of the quality of all identified items, using explicit criteria
Analysis of results from primary sources	The use of various techniques	Systematic analysis using valid methods

49 SYSTEMATIC SYNTHESIS

□ ~~Answer to a clinical question~~

- Comprehensive search to identify studies relevant to the question we are looking for an answer to:
 - electronic databases
 - www
 - searching for syntheses on the given topic
 - contacting experts in the field
 - searching for unpublished studies
 - "Gray literature": reports, data from the pharmaceutical industry
 - Library
 - Cochrane Library
 - Strict inclusion criteria

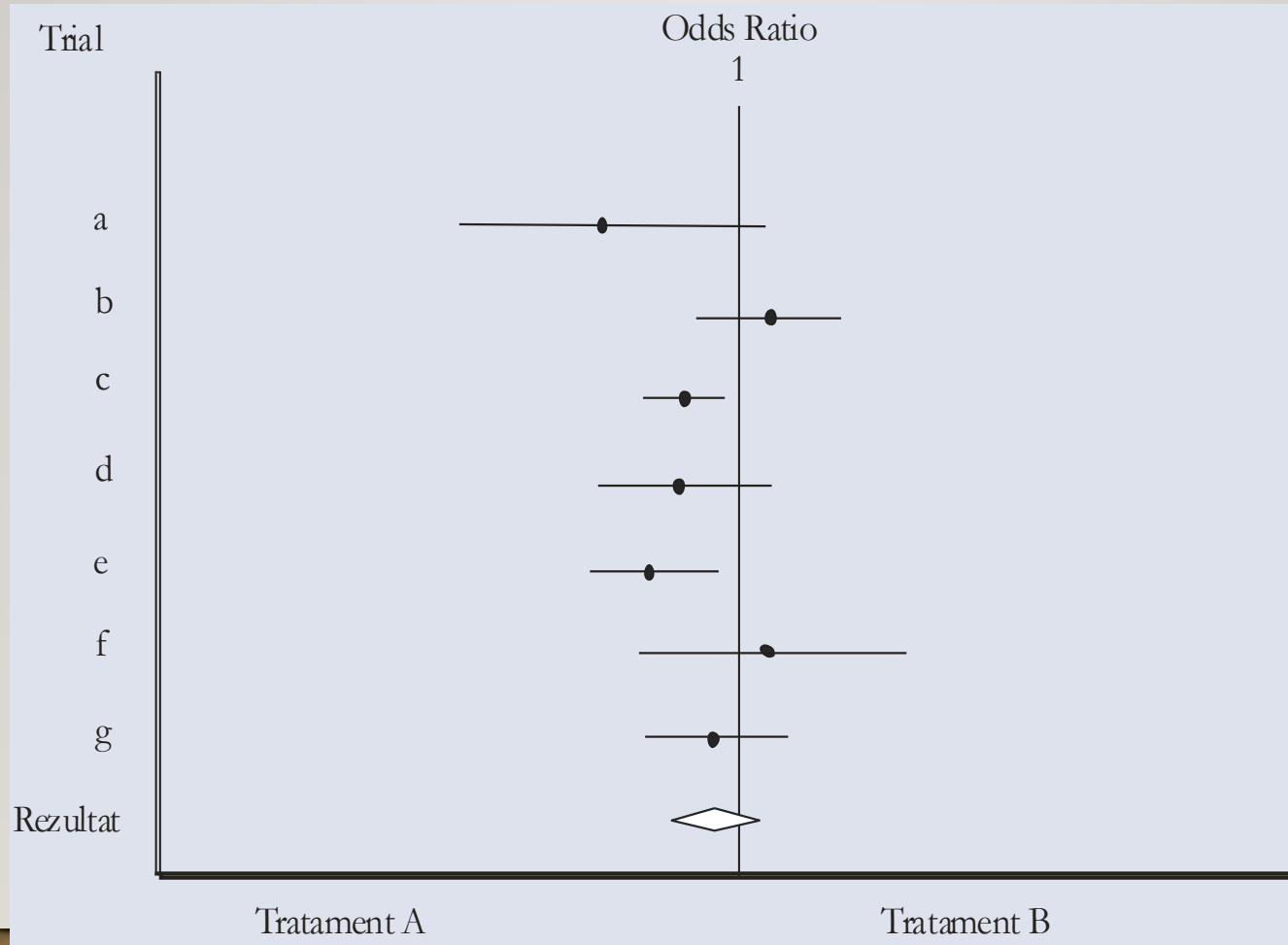
50 SYSTEMATIC SYNTHESIS

- ~~The results of the synthesis depend on the results of the studies included in the synthesis~~
- Can the results be applied to the patient?

51 META-ANALYSIS

- The meta-analysis is a mathematical sum of several results of the primary studies, all of which used similar methods and the objectives were aimed at finding the answer to the same clinical question.
- The results of the studies included in the meta-analyzes are presented in a standard form: forest-type representation

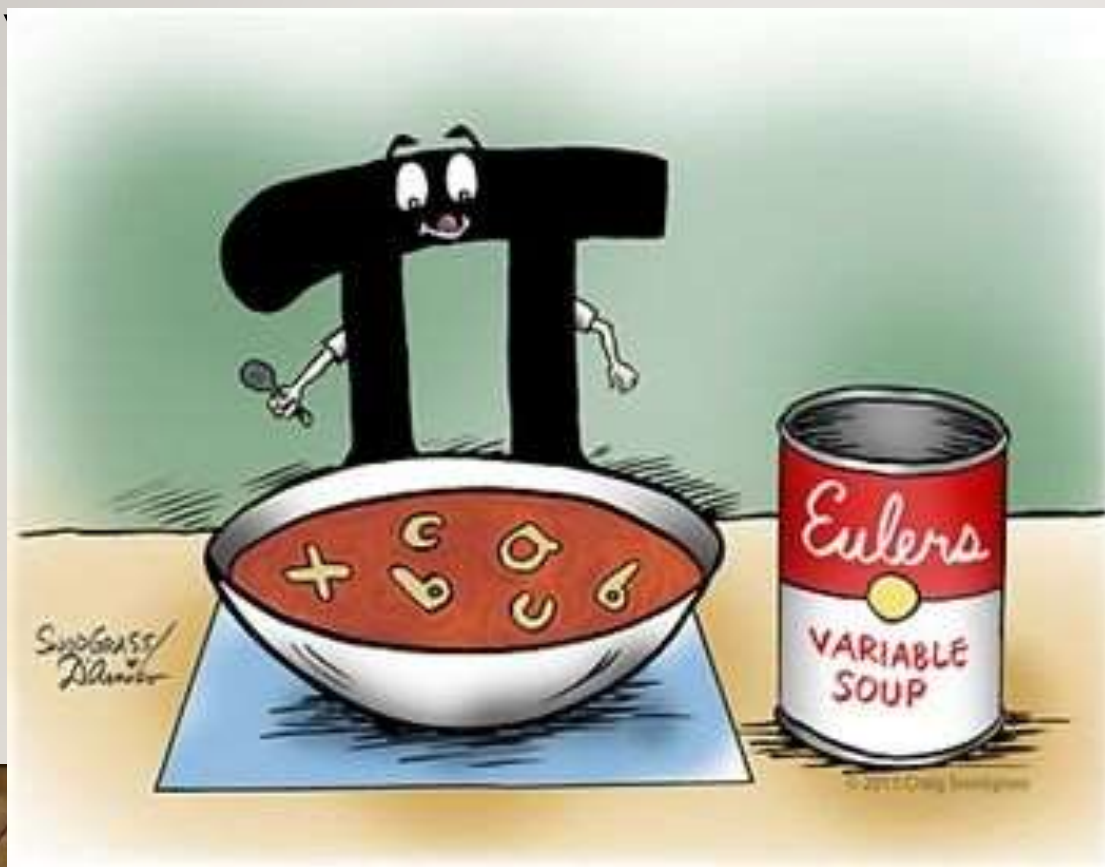
META-ANALYSIS



Theoretical forest-type graph to illustrate the results of a meta-analysis comparing treatments A and B. The individual trials are represented by horizontal lines (confidence intervals) and black dots (centers of confidence intervals). The rhombus is the representation of all the results taken into account.

53 OUR STUDY

- **the usefulness of wood crutches or aluminum crutches for people with unilateral amputation.**
- Procedure – for all the participants we'll measure the time needed to walk 100 m, and then we'll compare the results by groups
- Transversal, convenience sample



55

Topic - >

Title ->

Hypothesis ->

Study Type -> Variables

IDENTIFICATION OF VARIABLES

- **The characteristics studied on the subjects in a research, which fluctuate from one individual to another individual, are called variables.**
- **The variables must be defined from the beginning of the study.**
- **Coded and recorded in tables, sheets or on magnetic media, the variables become data.**
- **Types of variables:**
 - **qualitative**
 - **quantitative**
 - **Survival**

I. THE QUALITATIVE VARIABLES

- **they are immeasurable, finite, and the calculation of the mean makes no sense**
 - **nominal - groups subjects into categories that cannot be ordered (example: eye color)**
 - **nominal ordered - subjects are grouped into categories that can be ordered (example: health = poor, better, very good)**
 - **dichotomous - subjects are always grouped into two categories (example: sick and healthy)**
- **Dichotomous variables are a special case of nominal variables.**

2. QUANTITATIVE VARIABLES

✗ Can be measured

- + continuous - the size is measurable; can take an infinity of values; the calculation of the average always has significance (example: height, weight, SBP, etc.)
- + discrete - discontinuous, - contain only integers. The value of the average does not always mean. The analysis of the results obtained based on calculations using discrete variables is delicate (example: the number of children in a family).

3. SURVIVAL VARIABLES

- **correspond to the time elapsed between the inclusion of a subject in a study and the appearance of a predefined element of the study:**
 - **Death**
 - **Metastasis**
 - **Complication**
 - **Symptom**
 - **Signal**

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	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T
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2	MHALACHI PARASCHIVA	56010023302	10.60		1960	48	2008 PLANTAR	3	3.0	DA	1	INGH	1	0	0	0	0	0	0	0
3	POPESCU DINA	2405262726	05.64		1964	44	2008 TORACE	1.9	1.9	DA	1	IT, AX STG, AX DR	0	1	1	0	0	0	0	0
4	CAMPEAN OLIMPIA	2411011211	11.54		1954	54	2008 OBRAZ	2	2.0	NU	0	NEG	0	0	0	0	0	0	0	0
5	ALBU ELISABETA	2497232023	07.49		1949	59	2008 GAMBA	5	5.0	DA	1	INGH+IT	1	1	0	0	0	0	0	0
6	MA IARBEI	1660160218	08.66		1966	42	2008 BRAT	4	4.0	NU	0	ANLA	0	0	1	0	0	0	0	0
7	LADAR GABRIELA	2771101001	11.77		1977	31	2008 COAPSA	2.5	2.5	NU	0	INGH	1	0	0	0	0	0	0	0
8	BOCAN DUMITRU MARCEL	1600615125	06.60		1960	48	2008 UMAR	2.5	2.5	DA	1	SC, AX	0	0	1	0	1	0	0	0
9	POP MARIANA	2600832421	08.60		1960	48	2008 TORACE	3.8	3.8	DA	1	AX DR, AX STG	0	0	0	1	0	0	0	0
10	BEREA RODICA	2470330730	03.47		1947	61	2008 ABDOMEI	2	2.0	NU	0	INGH	1	0	0	0	0	0	0	0
11	JOLDES POP VIOREL	1600806206	06.60		1960	48	2008 UMAR	1.9	1.9	NU	0	AX	0	0	1	0	0	0	0	0
12	SZEREDAI EDIKO-KATALIN	2731210310	12.73		1973	36	2009 TORACE	2	2.0	NU	0	2 IT, AX, MI neop	0	1	1	0	0	1	0	0
13	DEAGOTA ILEANA	2370711101	11.07.37		1937	72	2009 GAMBA	2	2.0	DA	1	INGH	1	0	0	0	0	0	0	0
14	TABAN LEONORA	2560329029	03.56		1956	53	2009 TORACE	4	4.0	NU	0	AX DR, AX STG	0	0	1	0	0	0	0	0
15	BERZA VASILE	1760814014	08.76		1976	33	2009 TORACE	4	4.0	NU	0	NEG	0	0	0	0	0	0	0	0
16	SZEKELY IDAN	1520914124	09.52		1952	57	2009 TORACE	1	1.0	NU	0	AX DR, AX STG	0	0	1	0	0	0	0	0
17	DRAGOMIR GHEORGHE	1520921241	09.52		1952	57	2009 COAPSA	3.1	3.1	NU	0	INGH	1	0	0	0	0	0	0	0
18	TRIFOL STEFAN CORNELIU	2511104114	11.51		1951	58	2009 LOMBAR	3.5	3.5	DA	1	IT, AX DR, INGH STG	0	1	1	0	0	0	0	0
19	ROSU MARIANA-CAMELIA	2740207017	02.74		1974	35	2009 ANTEBRA	3	3.0	NU	0	AX	0	0	1	0	0	0	0	0
20	CIOARA GHEORGHE-CORNEL	1770715061	05.07.77		1977	32	2009 TORACE	4	4.0	DA	1	IT, AX, CERVIC	0	1	1	1	0	0	0	0
21	TAFLAN ROMEO	1550806025	06.55		1955	54	2009 LOMBAR	2.5	2.5	DA	1	AX	0	0	1	0	0	0	0	0
22	POSTOLACHE CONSTANTIN	1510414004	04.51		1951	58	2009 TORACE	3	3.0	DA	1	IT, AX DR NEOP, AX E	0	0	1	0	0	0	0	0
23	LANDAUER ANITA	1550325025	03.55		1955	54	2009 COAPSA	3.5	3.5	DA	1	INGH	1	0	0	0	0	0	0	0
24	TARNOVSCI NICOLAI-CONSTANTIN	1340523203	03.54		1934	76	2010 UMAR	3	3.0	DA	0	AX	0	0	1	0	0	0	0	0
25	KIS CSABA	1650206325	02.65		1965	45	2010 TORACE	1	1.0	NU	0	IT, SC	0	0	1	0	0	1	0	0
26	PETRAN NICOLAE	1450225125	02.45		1945	65	2010 TORACE	4.2	4.2	NU	0	AX DR, AX STG	0	0	1	0	0	0	0	0
27	ILIE VALENTIN-IONUT	1870602332	02.06.87		1987	23	2010 TORACE	2.4	2.4	DA	0	IT, AX	0	0	1	0	0	0	0	0
28	GHEORGHE-CATINUS OANA	2740907107	07.09.74		1974	36	2010 ABDOMEI	2.7	2.7	NU	0	INGH ST, INGH DR	1	0	0	0	0	0	0	0
29	DASCALOU MARIA	2361114674	11.36		1936	74	2010 GAMBA	3.8	3.8	DA	1	INGH	1	0	0	0	0	0	0	0
30	MHALA ILEANA	2390717017	07.39		1939	71	2010 PLANTAR	4.2	4.2	DA	1	INGH	1	0	0	0	0	0	0	0
31	BIRO EVA-MARGARETA	2670825025	05.67		1967	43	2010 ABDOMEI	1.2	1.2	NU	0	AX	0	0	1	0	0	0	0	0
32	PETER MARIA	2691120120	11.69		1969	41	2010 ANTEBRA	3+2	3.0	NU	0	AX STG, AX DR, MI	0	0	0	1	0	0	0	0
33	PETER MARIA	2691120120	11.69		1969	41	2010 TORACE	3+2	2.0	NU	0	AX STG, AX DR, MI	0	0	0	1	0	0	0	0
34	ALRAU'S IOSIF	1540715126	07.54		1954	56	2010 TORACE	2	2.0	NU	0	AX	0	0	1	0	0	0	0	0
35	PATHEAN MARIA-MINODORA	2640125129	01.64		1964	46	2010 GAMBA	1.2	1.2	DA	1	INGH	1	0	0	0	0	0	0	0
36	CIAT RAULEA VIRGINIA	2730263226	03.73		1973	37	2010 TORACE	2.5	2.5	DA	0	IT AX	0	0	1	1	0	0	0	0
37	PETRAN IULIANA-TEODORA	2481030003	01.48		1948	62	2010 LOMBAR	2.2	2.2	DA	1	IT, AX	0	0	1	1	0	0	0	0
38	DOGAN NATALIA-MARIA	2510401001	04.81		1981	29	2010 TORACE	2.5	2.5	NU	0	AX	0	0	1	0	0	0	0	0
39	ROZE RITA-EVA	25107233123	07.61		1961	49	2010 LOMBAR	3	3.0	DA	1	INGH DR, INGH STG	0	0	0	0	0	0	0	0
40	VARBU FELICIA	2631129129	11.63		1963	48	2011 CAP	2.7	2.7	NU	0	ALFRC, CERVIC	0	0	0	1	0	0	0	1

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21		8		0		1	1	1	1	1 2015	2017	0		2009				2015	2017			6	8	8	8
22		3 2012		1	2012 IF, DCZ	0	0	0	0	0		0		2009	2011	2012					2	3		3	3
23		8		0	MELANOM	1	1	0	0	0 2012	2017	0		2009	2010			2012	2017			1	3	8	8
24		1 2011		1	2011 IF, DCZ	0	0	0	0	0		0		2010	2010	2011					0	1		1	1
25		7		0		1	1	1	1	1 2015	2017	0		2010				2015	2017			5	7	7	7
26		7 2010		1	2010	0	0	0	0	0		0		2010	2010	2010					0	0			
27		7		0		1	1	1	1	1 2015	2017	0		2010				2015	2017			5	7	7	7
28		7		0		1	1	1	1	1 2014	2017	0		2010				2014	2017			4	7	7	7
29		3 da		1	2013 MENINGIC	0	0	0	0	0 aug 2013	2017	0		2010	2011	2013		2013			1	3	3	3	3
30		7 2017		1	2017 IF, DCZ	0	0	0	0	0 2017	2017	0		2010	2017	2017		2017			7	7	7	7	7
31		7		0		1	1	1	1	1 IUL 2017	2017	0		2010				2017	2017			7	7	7	7
32		7		0		1	1	1	1	1 2016	2017	0		2010				2016	2017			6	7	7	7
33		7		0		1	1	1	1	1 2016	2017	0		2010				2016	2017			6	7	7	7
34		7		0		1	1	1	1	1 2010	2017	0		2010				2010	2017			0	7	7	7
35		7		0		1	1	1	1	1 OCT 2017	2017	0		2010				2017	2017			7	7	7	7
36		3 2013		1	2013 IF, DCZ	0	0	0	0	0		0		2010	2010	2013					0	3		3	3
37		7		0	ADK COL	1	1	0	0	0 2014	2017	0		2010	2012			2014	2017			2	4	7	7
38		4 da		1	2014 IF	0	0	0	0	0 2014	2017	0		2010	2014	2014		2014			4	4	4	4	4
39		7		0	IF	1	1	1	1	1 2015	2017	0		2010				2015	2017			5	7	7	7
40		7		0	IF	1	1	0	0	0 DEC 2017	2017	0		2011	2015			2017	2017			4	6	6	6

62 BIAS

- Error – we must be aware of



63 EXAMPLE

- The effect of continuous training program in regulating blood pressure for people with hypertension

- Variables: group – (in program, control group), SBP, DBP (before, after)
- Age,
- weight,
- associated pathologies, etc

64 OUR EXAMPLE

- **the usefulness of wood crutches or aluminum crutches for people with unilateral amputation.**
 - Variables: Type of crutches (wood/aluminum), Time to walk 100 m (seconds)
 - Gender, Age, Leg (left/right), Sports?, etc.
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